

# What professionals say

"In our pharmacy, we are aware of numerous medications that cause dry mouth as a side effect. While our patients need these medications to help them, they experienced dry mouth, which led to discomfort and difficulty sleeping. We began recommending XyliMelts for relief and have had a great response. This is one of the best products to relieve dry mouth. It's very effective."

Dmitry Lefelman, RPh  
Pharmacist

"XyliMelts provide effective relief from dry mouth, keeping the oral tissue moist for an extended period of time. Its time-release formula keeps the mouth pleasantly comfortable through the night and is a perfect answer for professional speakers who need to maintain adequate mouth moisture during a presentation."

Anne N. Guignon, RDH, MPH  
Senior Consulting Editor/Columnist/  
Clinician/Speaker  
RDH Magazine

"Sufficient evidence exists to support the use of Xylitol to reduce caries."

Kiet A. Ly, MD, MPH  
University of Washington  
Department of Dental Public  
Health Sciences

## Get XyliMelts® and get lasting relief from dry mouth!

XyliMelts are available at:



### Directions:

Place a disc at the gum line between your cheek and gums (upper or lower portion of mouth), with the tan adhesive side against your gums. Use your tongue to push the disc to a comfortable spot. Once there, do not touch it with your tongue for 30 seconds, as this movement will disrupt adhesion. **Before bedtime:** Use two (2) discs, placing one on each side of the mouth as indicated above. **Everyday use:** For dry mouth, use more as needed throughout the day. To reduce risk of tooth decay, use at least 3 or 4 more discs during the day. For maximum benefit, do not consume fructose (in fruit and added to many foods and sweet drinks – marked on the label as fructose or apple, pear, or grape juice) until one hour later.

### Warnings:

- Not recommended for children under age 5 due to risk of choking.
- If you think you may pry discs loose with your tongue, do not use while sleeping, as choking or discomfort may occur.
- Do not give Xylitol to dogs or other pets.

### Ingredients:

Xylitol (500mg), cellulose gum, vegetable gum, mild natural peppermint flavor, calcium/magnesium stearate, and *nothing else*. CONTAINS NO: animal products, fermentable sugar, color, dyes, artificial flavoring, or preservatives and no products of peanuts, tree nuts, corn, wheat, rice, grain, gluten, soy, egg, fish, shellfish, milk, or yeast.

### Carbohydrate exchange for diabetes:

Xylitol raises blood glucose half as much per unit weight as typical carbohydrates.

\*All data on file.

Visit [www.orahealth.com](http://www.orahealth.com) for more references.

Made in USA—US Patent Application 20070274927

877-672-6541  
[www.orahealth.com](http://www.orahealth.com)



Xylitol in time-release adhering discs

All-natural

# XyliMelts® for dry mouth

Soothing, long-lasting relief

Effective even for dry mouth caused  
by prescription and over-the-counter  
medications

Stimulates saliva  
Coats, moisturizes and lubricates  
Makes sleeping comfortable  
May reduce risk of cavities  
Freshens breath

Sample  
enclosed

OraHealth  
Relief that sticks



## The Problem: Dry Mouth

Dry mouth, clinically known as xerostomia, is uncomfortable, disruptive—and often listed as a side effect of many common prescription and over-the-counter (OTC) medications.



*More than 1,800 medications—both prescription and over-the-counter (OTC)—list dry mouth as a side effect. Many are common medications such as antihistamines and antidepressants.*

# The Solution: XyliMelts®

XyliMelts offer soothing, long-lasting dry mouth relief that works safely, effectively and immediately.

## About XyliMelts

XyliMelts are fully-dissolvable oral adhering discs whose active ingredient, Xylitol, is slowly time-released in the mouth, contributing to long-lasting salivary flow benefits. They provide hours of discreet relief as the disc coats and moisturizes, releasing soothing oral lubricants and stimulating saliva flow. Plus, XyliMelts have an adhering ability, making it the only treatment for dry mouth that can be used while sleeping, when dry mouth is at its worst. They can also be used with CPAP machines.

## About Xylitol, the key ingredient in XyliMelts

Xylitol is a natural food substance that stimulates saliva flow. A natural sweetener, it is comparable to sucrose in sweetness but contains fewer calories and fights cavities.

## Benefits of Xylitol (500mg):

- Promotes saliva flow** which not only keeps mouths moist, but helps maintain healthy teeth and reduces gum disease and bad breath.
- May reduce risk of tooth decay:** Frequent use of candy with sugar or starches to relieve dry mouth promotes tooth decay. Xylitol does not promote and may reduce the risk of tooth decay.
- Reduces plaque in the mouth** which may help reduce tooth decay, gum disease, and bad breath.



XyliMelts have a mild mint flavor. Mint-free also available.

## Xylitol delivery:

- Keeps mouths moister, longer

## Adhering disc technology:

- The tan, dimpled side discretely sticks to gums or teeth
- No effect on talking or appearance
- Stays in place; safe for use during sleep

Place sample here.

